Our Guide to Understanding
Your Health Plan Statement
shows an example of a Health
Plan Statement and describes
its components. To use our
online Guide, have your Health
Plan Statement handy so you
can identify the specific
information that is described
in the Guide.

## 1 As of Date

This is the date on which our system generated your statement with your personalized information. Any health enrollment changes processed on or after this date will not be reflected.

## 2 About You

This is the mailing address we have for you in our computer system. The bar-coded information identifies you in case your statement is returned in the mail. If your mailing information is not correct, be sure to contact your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

## 3 Open Enrollment Information

This area has important information about the Open Enrollment period, including the dates of the next open period and the steps you need to take if you want to change your health plan.





## Dear CalPERS Health Program Member:



Welcome to your personalized *Health Plan Statement* for 2008. Your *Health Plan Statement* identifies the health plan in which you and your family members are currently enrolled.

Also enclosed in this packet is information specific to Open Enrollment, including *Open Enrollment News*. This newsletter contains information on Open Enrollment, as well as any health plan benefit or co-payment changes for 2009.

If you wish to change your health plan, you can do so during Open Enrollment (September 15—October 10, 2008). We have several online tools and resources, including the *Health Plan Chooser*, to help you decide which CalPERS health plan is right for you. You can get one-stop access to all these resources through mylCalPERS, our secure, personalized Web site.

If you are a retiree, you can change your health plan online through mylCalPERS during Open Enrollment. mylCalPERS is available when you need it at https://my.calpers.ca.gov.

If you have any questions or need assistance, you may contact us toll free at 888 CalPERS (or 888-225-7377) or visit CalPERS On-Line at www.calpers.ca.gov.

Carefully review the Personal Information listed on your Health Plan Statement on the back of this page. If any of your enrollment information is incorrect, immediately notify your Health Benefits Officer if you are an active employee or CalPERS if you are a retiree.

Please see reverse side for your Personal Information.



4 Your Health Plan Personal Information

This page provides current health plan enrollment information for yourself and your family members. If the personal information on this page is not accurate, contact your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

5 Your Health Plan

This is the name of the health plan in which you and your family members are currently enrolled.

6 ZIP Code Eligibility

This is the ZIP Code used to determine your eligibility for the health plan in which you are currently enrolled. You may choose either your home or current work address ZIP Code to establish your eligibility. If you are retired, however, you may not use a Post Office box or the address of the employer from which you retired to establish eligibility. Foreign addresses will not show a ZIP Code or may be shown as 95814.

7 Your Coverage

This should show you and all family members who are covered under your health plan. Be sure to review this information for accuracy, and report changes immediately to your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

8 Relationship

This identifies you as a CalPERS member (Self) and your relationship with all your covered family members (Family). To make any necessary changes to this information, contact your employer's Personnel Office if you are an active employee or CalPERS if you are a retiree.

9 Date of Birth

This is the date of birth we have in our records for you and each of your family members.

10 Health Coverage

This identifies the type of health plan (Basic or Medicare) in which you and your family members are currently enrolled. If you or any of your family members are retired and eligible for Medicare based on a Social Security-qualified disability, you cannot be enrolled in a Basic health plan.

Alert Message

This is the area in which you may see an alert message from CalPERS. If a message like this appears on your statement, it means you need to be aware of important health plan information that applies to you. Please review your statement for an alert message and take appropriate action, as necessary.

12 Notice of Privacy Practices

This notice informs you of your privacy rights in relation to the medical information CalPERS has on file about you.

